

TRIDUUM IN PREPARATION FOR THE FEAST OF SISTER TERESA MIRA

H. Teresa del Niño Jesús de Praga

Introduction

In these days of preparation for the celebration of the anniversary of the death of Venerable Teresa Mira, we will focus our attention on the virtues heroically practiced by Teresa.

The theological life was the center of the spirituality of Sister Teresa Mira, who firmly projected her life in the attitude of believing, loving and hoping, moved by grace and founded solely on the infallible authority of God.



When we speak of the heroic exercise of Teresa's virtues, we will mention that of the Palautian doctrine that nourished her religious life capitally. The first contact with the daughters of Father Palau, in 1912 in Novelda, put her in communion with the figure and spirit of the founder. The novitiate was the crucible that shaped her being of Teresian Carmelite Missionary. All her religious life she lived embodying the congregational charism, recreating it in her personal experience of mission.

Prayer through the intercession of Sr. Teresa

*O God, you take delight in the simple and the pure of heart!
Glorify your servant Teresa whose ideal in life was to love you
with unassuming dedication, and to give herself for love of
you to all whom she met. Give us the grace to love you as she
did, without reserve, and the favour we now ask through her
intercession. Through Christ Our Lord. Amen.*

Final song

Day 1:



The GRACE to ask: a deep faith in the presence of the Holy Trinity
in each one of us.

Song

St. John of the Cross always thinks of a living faith that makes possible, that opens the way to hope and charity. Faith is a theological virtue infused by God into the understanding by which we assent firmly to revealed divine truths.

Teresa believes and *loves, and gives* her obedience of faith to the will of God and abides unreservedly with the teachings of the Church. She also understood that the gifts of God are meant to serve Christ- Church wholeheartedly, in imitation of the Blessed Virgin. All her service to the brothers was to open them to the gospel and invite them to grow in faith.

Testimony:

“muchas veces he visto a la sierva de Dios cuando las hermanas asistían a misa en la parroquia cómo antes o después de la celebración eucarística, cuando las demás hermanas permanecían en los bancos primero de la nave ella se iba a postrar ante el sagrario en la capilla del santísimo y permanecía en recogida en oración todo el rato que podía”.

Spontaneous prayers.

Pray three Hail Mary in honor of our Mother Mary

Prayer through the intercession of Sr. Teresa

O God, you take delight in the simple and the pure of heart! Glorify your servant Teresa whose ideal in life was to love you with unassuming dedication, and to give herself for love of you to all whom she met. Give us the grace to love you as she did, without reserve, and the favour we now ask through her intercession. Through Christ Our Lord. Amen.

Final song

Day 2:



The GRACE to ask: trust in God's providence and mercy

Song

The practice of the virtue of hope was as remarkable as faith. In her life, one could perceive the trust in the mercy of God the Father, the merits of Jesus Christ, the serenity of spirit while facing the setbacks of life. There were special circumstances in her life in which she manifested in an evident way the virtue of hope, such as in the face of his imminent death.

Testimony:

In addition to teaching us the catechism, she took advantage of catechesis to tell us about the love that the Lord had for us, instilling in us this virtue of hope and that we should always count on the Lord, that we would not stop having recourse to him in all our needs. All her eagerness was to move our hearts to the Lord and trust in his infinite mercy.

The servant of God invited for hope and trust in the Lord, not only to us sisters in community but also to all the people. He encouraged everyone to live trusting in God.

When she became a religious I do not know what arrangements she would make with God, referring to her family, the truth is that, a month after leaving, my father got a job that was solving the economic situation and life became more bearable. I am very sure that her prayers resolved this.

Spontaneous prayers

Pray three Hail Mary in honor of our Mother Mary

Prayer through the intercession of Sr. Teresa

O God, you take delight in the simple and the pure of heart! Glorify your servant Teresa whose ideal in life was to love you with unassuming dedication, and to give herself for love of you to all whom she met. Give us the grace to love you as she did, without reserve, and the favour we now ask through her intercession. Through Christ Our Lord. Amen.

Final song

Day 3:



The GRACE to ask: passionate love for God and humanity

Song

St. Paul in chapter 13 of the first letter to the Corinthians, describes charity by a series of 15 adjectives applied to this virtue. Hence, the definition of it is not abstract but refers to the dynamism it provokes.

The servant of God was undoubtedly distinguished by her unique charity, as if glossing Saint Paul in her own life. In her own childhood, we already find a mature act of charity towards her family, voluntarily offering her help to try to alleviate a painful economic situation. This is how we read in the biographical notes of her sister Magdalena:

Testimony:

Teresa was a model daughter, an unbeatable sister considering how she attended and cared for everyone as a mother takes care of all the details. As Joseph and Teresa were the elders, they loved each other very much, they were similar in character and because they were very judicious they could realize the situation of the already large family; and this motivated them to ask their parents to allow them to look for a job and thus contribute something, although little, to help financially. Until her joining religious life, the servant of God performed tasks of various kinds in domestic service all of them with an authentic charitable motivation, especially after making her first communion and having a greater knowledge of Jesus.

She performed for God tasks of various kinds..., all of them with an authentic charitable motivation, especially after making her first communion and having a greater knowledge of Jesus. Not only would she perform the specific tasks of her employment, but also she sought to bring everyone to God. ... For other people, she even let go of her own food because on one occasion when I was very sick she came to bring me an egg to eat for me to become strong.

When I met her she was at the school reception hall; I went every day to take my son to school and she looked very simple very humble, she welcomed everyone with great affection she waited affectionately.

She looked very simple humble, welcomed everyone with great affection. Her treatment was very attractive. Next to her you felt closer to God, she was very prudent sincere and simple. I do not think she was capable of letting herself be carried away by leisure. She was not shrunken or sullen, but welcomed everyone with a broad smile on her face. Her whole life was a true proof of her virtue. I would emphasize in all her person the virtue of humility.

Spontaneous prayers

Pray three Hail Mary in honor of our mother Mary

Prayer through the intercession of Sr. Teresa

Oh Dios, que te complaces en las almas humildes y sencillas. Glorifica a tu Sierva Teresa que hizo ideal de su vida amarte sin ostentación y darse por tu amor a cuantos la trataban, concédenos que sepamos servirte y amarte como ella, sin reservas, y ahora la gracia que te pedimos por su intercesión.

Final song

Let us end our triduum by recalling a letter addressed to Sister Magdalena after Sister Teresa's death:

"... Yes Magdalene, we have one sister less on earth, but a saint in heaven who will teach us to follow the path she followed to arrive in such a short space of time to the degree of perfection so brilliant that she has reached and will teach us to love the Beloved with that love that she loved him, that love that sought sacrifice."

Final song

H. Teresa del Niño Jesús de Praga

